



Swinton Running Club

Club Championship Calendar 2019

Day	Date	Race	Distance	Type	Championship		Results
					CLGP	Club	
Sun	17th February	Central Lancashire 5K	5K	Road		✓	✓
Sun	3rd March	Trotters 5 Mile	5 Miles	Trail	✓	✓	✓
Sun	17th March	Wigan Half Marathon	13.1 Miles	Road	✓	✓	✓
Sun	24th March	Wilmslow Half	13.1 Miles	Road		✓	✓
Wed	10th April	Curleys (Bolton) 5k	5K	Trail	✓	✓	✓
Fri	19th April	Salford 10K	10K	Road		✓	✓
Sat	18th May	Preston Pilling 10k	10K	Road	✓	✓	✓
Wed	19th June	Horwich 5 Mile	5 Miles	Road	✓	✓	✓
Wed	19th June	Manchester Mile	1 Mile	Track		✓	✓
Sun	29th July	Caldervale Summer 10 Mile	10 Mile	Road	✓	✓	✓
Tues	6th August	Ramsbottom Mile	1 Mile	Road	✓	✓	✓
Sun	15th September	Blackleach Country Park 5 Mile Race	5 Miles	Trail		✓	✓
Sun	29th September	SRC - Worsley Woods 5 Mile Trail Race	5.25 Miles	Trail	✓	Not part of the Club Championships	
Sun	13th October	Gin Pit	5 Miles	Trail	✓	✓	✓
Sun	3rd November	Through the Villages	8.45 Miles	Road	✓	✓	✓
Sun	17th November	Radcliffe Half Marathon	13.1 Miles	Trail		✓	✓
Sun	24th November	City of Salford Ladies Run	5.25 Miles	Road		✓	✓
Sat	30th November	Wesham 10K	10K	Road		✓	✓
Sun	15th December	Stockport 10	10 Miles	Road		✓	✓
Any	1st Jan to 31st Dec	Virtual Marathon	26.2 Miles	Any		✓	✓

Websites

CLGP: Central Lancashire Grand Prix Series

Club: Swinton Running Club - Club Championship

Swinton Running Club - Ladies Club Championship 2019

Pos	Forename	Surname	Cat	CL 5K	Trotters	Wigan Half	Wilmslow	Curleys	Salford	Pilling	Manc Mile	Horwich	Summer 10	Summer Mile	Blackleach	Gin Pit	Villages	Radcliffe	Wesham	Ladies Race	Stockport	V Marathon	No Raced	Best 7 of 18	Total	
1	Lauren	Marsden	F45		1				1			1			1	1	1	1				4	8	7	11	
2	Carolyn	Capsey	F35	1			1		4			2	1									1	1	7	11	
3	Rebecca	Mills	F35	3	2		2				2			1			2	3			1	2	8	10	12	26
4	Hermione	Oakley	F	2					2		1				2		2						2	7	13	13
5	Helen	Nation	F40	4	3		4					3			3	3	4	4					9	9	24	37
6	Nicki	Sullivan	F45	5	4		5					4			3			5	10				10	8	36	46
7	Sian	McNeill	F40	12	9				15	2	4			7	7	5						13	9	46	74	
8	Sara	Das	F	10				3	9		3			6	6							11	7	48	48	
9	Wendy	Doxey	F55	14	10			2	13	3				9		6						12	8	55	69	
10	Cheryl	Honeybourne	F40	15	11	4			11				3		8								20	7	72	72
11	Maria	Wylenzek	F35		5	2								2	4								5	6		23
12	Rachel	Billington	F35	6					3			6					6	7					5	6		39
13	Stephanie	Kay	F	8				1	6						5								11	6		25
14	Maggie	McClelland	F55	9	6										5	4							4	5		28
15	Katherine	Jackson	F35	16								7		8	9								10	5		50
16	Rhona	Barker	F45									5	2											12	4	25
17	Julie	Hamilton	F40						5															3	4	31
18	Wendy	Edwards	F55		8				12														9	3		29
19	Carol	Hart	F55	17					16														14	3		47
20	Jacqueline	Higgins	F50			1	3																	2		4
21	Rosa	Santos	F							1													3	2		4
22	Linda	Wilson	F35																				2	4		6
23	Andrea	Clarkson	F			3	8																	2		11
24	Emma	Nightingale	F40						7														6	2		13
25	Denise	Irving	F40	7																				7	2	14
26	Kerry	Adamsbaum	F40															7	11					2		18
27	Deborah	Cail	F45	11					8															2		19
28	Charlotte	Morgan	F40			7																		19	2	26
29	Jean	Mellor	F45																					17	2	26
30	Lauren	Murray																					3	1		3
31	Jane	Graney	F35										4											1		4
32	Natalie	Ralph	F35																				5	1		5
33	Laura	Doherty	F40				6																	1		6
34	Hanna	Howard																						6	1	6
35	Rebecca	Thompson	F35		7																			1		7
36	Catherine	Aspinal	F35													7								1		7
37	Amy	Darrington	F40																				7	1		7
38	Carmel	Campbel	F40																				8	1		8
39	Joanne	Leggott	F50						10															1		10
40	Jane	Coombes	F50												10									1		10
41	Carol	Ockwell	F45																					12		12
42	Amanda	Coleman	F45	13																				1		13
43	Stephanie	Nield																						13	1	13
44	Andrea	McCaffery	F35						14															1		14
45	Louise	Corrigan																						14	1	14
46	Julie	Jones	F55																				15	1		15
47	Teresa	Banks																						16	1	16
48	Lauren	Young	F						17															1		17
49	Mel	Whittington	F45	18																				1		18
50	Andrea	Harrison																						18	1	18
51																								0		0
52																								0		0
53																								0		0
54																								0		0
55																								0		0
56																								0		0
57																								0		0
58																								0		0
59																								0		0
60																								0		0
61																								0		0

Swinton Running Club - Mens Club Championship 2019

Pos	Forename	Surname	Cat	CL 5K	Trotters	Wigan Half	Wilmslow	Curleys	Salford	Pilling	Manc Mile	Horwich	Summer 10	Summer Mile	Blackleach	Gin Pit	Villages	Radcliffe	Wesham	Ladies	Stockport	V Marathon	No Raced	Best 7 of 18	Total	
1	Tony	Flanagan	M50	1	1	1		1	1	2		1	1	3	1								10	7	13	
2	Ian	Cronshaw	M	2	3	3			2	3		2	3	1	2	1	1		1				13	9	25	
3	Dan	Sutton	M		2					5	2		2	2	3		2		2				2	9	14	22
4	Steven	Doxey	M55	3	5	2		2		4	4		5	4		3	3					2	5	13	18	45
5	Chris	Hamilton-Dardis	M	6	6			3							5	2	4		2				12	8	28	40
6	Mike	Donigan	M				3			7		5	7	5	10	5	7		7				10		37	61
7	Anirban	Das	M	7	7				4					7	6		5					4	10	9	37	54
8	George	Fielding	M60	9				5	6		7			8	12	6	8						8		49	61
9	Andrew	Scialpi-Sullivan	M55	18	16			8	14			7	9		13	7	9						9		67	101
10	Paolo	Dale	M50		11			7	9			8		10	14	8							7		67	67
11	Geoff	Kay	M65	15	12			6	11		8			11									6	7	69	69
12	Richard	Jackson	M	8				4				4		9	9								6		45	45
13	Justin	Coleman	M45	13			4																5	23	6	61
14	Kevin	Woodward	M40	5	4	4			3														3	5		19
15	Daniel	Martin	M				2				5				7		6						15	5		35
16	Jonathan	Sides	M50	10	8										8								17	5		49
17	David	Morgan	M50		14		9	9		9							10						5			51
18	David	Curry	M65	16	15										15	10							25	5		81
19	Ian	Brown	M				5		7														24	4		45
20	David	Nightingale	M40						5														3	9	3	17
21	Mario	Santos	M							8	6			6									3			20
22	Paul	Collins	M50						6			3			11								3			20
23	Richard	Waring	M50	11								6	8										3			25
24	Colin	Stephens	M50	17	13																		3			37
25	Steve	Hart	M60	19					12						16								3			47
26	Daniel	Bird	M							1	1												2			2
27	Chris	Grieve	M										4										1	2		5
28	Craig	Ansell	M45				1																4	2		5
29	Simon	Lobas	M40													4							2			9
30	Ian	Thomas	M65			5									9								2			14
31	Michael	Burke	M45																				11	2		15
32	Barry	Deakin	M45	12									6										2			18
33	Paul	Shier	M	14			7																2			21
34	Kevin	Hardman	M60						13														2			21
35	William	Rowley	M																				1	1		1
36	David	Kerrigan	M40							3													1			3
37	Matthew	Holland	M																				1			3
38	Chris	Grieg	M	4																			1			4
39	Stuart	Tucker	M40												4								1			4
40	David	Harding	M50				6																1			6
41	Chris	Grieve	M																				6	1		6
42	Elliot	Dummond	M																				7	1		7
43	Stephen	Baker	M45				8																1			8
44	Simon	Doherty	M45						8														1			8
45	Lee	Marks	M35																				1			8
46	Gary	Oakley	M																				8	1		8
47	Jordan	Thacker	M		9																		1			9
48	Guy	Thompson	M		10																		1			10
49	Graham	Harrison	M50						10														1			10
50	Darren	Aspinall	M40													11							1			11
51	Joe	Smith	M																				13	1		13
52	Jonathan	Mellor	M																				14	1		14
53	Chris	Hughes	M																				16	1		16
54	David	Copple	M																				18	1		18
55	Simon	Finch	M																				19	1		19
56	Glyn	Davies	M																				20	1		20
57	Chris	Phillipson	M																				21	1		21
58	Mark	Barton	M																				22	1		22
59	Andy	Smith	M																				26	1		26
60																							0			0
61																							0			0

Virtual Marathon 2019

Runner	Gin Pit 1 23/03/2019	Gin Pit 2 24/03/2019	Conwy 31/03/2019	Manchester 07/04/2019	London	Chester	Snowdon	Boston	Berlin	Amsterdam	New York		Fastest Time	Gen	Points
Carolyn Capsey				03:26:37	03:26:09								03:26:09	F	1
Hermione Oakley					03:29:20								03:29:20	F	2
Lauren Murray					03:30:16								03:30:16	F	3
Lauren Marsden			03:37:32										03:37:32	F	4
Maria Wylenzek						03:41:59							03:41:59	F	5
Hanna Howard				03:50:03									03:50:03	F	6
Denise Irving				03:51:03									03:51:03	F	7
Rebecca Mills								03:53:09					03:53:09	F	8
Helen Nation				03:58:18									03:58:18	F	9
Nicki Sullivan				04:02:54									04:02:54	F	10
Rachel Billington				04:08:17									04:08:17	F	11
Rhona Barker	04:59:18	05:05:29		04:09:11									04:09:11	F	12
Stephanie Nield				04:25:00									04:25:00	F	13
Louise Corrigan				04:26:43									04:26:43	F	14
Julie Hamilton											04:39:31		04:39:31	F	15
Teresa Banks				04:50:14	06:50:59								04:50:14	F	16
Jean Mellor					04:50:57								04:50:57	F	17
Andrea Harrison	04:59:18	05:05:29											04:59:18	F	18
Charlotte Morgan				04:59:50	05:21:54								04:59:50	F	19
Cheryl Honeybourne				05:30:24									05:30:24	F	20
William Rowley					02:52:31								02:52:31	M	1
Dan Sutton				03:01:09									03:01:09	M	2
Kevin Woodward				03:05:31									03:05:31	M	3
Craig Ansell				03:06:16									03:06:16	M	4
Steven Doxey					03:08:23								03:08:23	M	5
Chris Grieve								03:09:07					03:09:07	M	6
Elliot Drummond				03:14:53									03:14:53	M	7
Gary Oakley				03:17:05									03:17:05	M	8
David Nightingale										03:26:43			03:26:43	M	9
Ani Das				03:29:08									03:29:08	M	10
Michael Burke				03:35:39	03:45:27	03:40:47							03:35:39	M	11
Chris Hamilton-Dardis					03:50:23	03:44:11							03:44:11	M	12
Joe Smith				03:49:08					03:44:35				03:44:35	M	13
Jonathan Mellor	04:18:38	04:20:39		04:18:18						03:48:25			03:48:25	M	14
Daniel Martin				03:50:08									03:50:08	M	15
Chris Hughes				03:50:58									03:50:58	M	16
Jonathan Sides	04:25:17	04:29:19		03:53:10						03:53:40			03:53:10	M	17
David Copple				04:21:15									04:21:15	M	18
Simon Finch				04:26:38									04:26:38	M	19
Glyn Davies				05:15:31	04:28:04								04:28:04	M	20
Chris Phillipson							04:37:35						04:37:35	M	21
Mark Barton							04:40:35						04:40:35	M	22
Justin Coleman				04:43:10									04:43:10	M	23
Ian Brown				04:43:10									04:43:10	M	24
David Curry				05:24:25									05:24:25	M	25
Andy Smith						05:27:51							05:27:51	M	26
													#NUM!		
													#NUM!		

Central Lancashire 5K

Pos	Num	M	F	Forename	Surname	Cat	Cat/Pos	Club	ChipTime	ChipPos	GunTime	Points
13	97	13		Tony	Flanagan	M50	(001/010)	Swinton Running Club	00:19:13	13	00:19:14	1
19	209	19		Ian	Cronshaw	M S	(010/030)	Swinton Running Club	00:19:37	19	00:19:38	2
22	70	22		Steven	Doxey	M55	(003/013)	Swinton Running Club	00:19:47	21	00:19:50	3
24	215	24		Chris	Grieg	M S	(011/030)	Swinton Running Club	00:20:01	24	00:20:02	4
32	43	31		Kevin	Woodward	M40	(003/008)	Swinton Running Club	00:20:44	31	00:20:47	5
34	49	33		Chris	Hamilton-Dardis	M S	(016/030)	Swinton Running Club	00:21:06	34	00:21:11	6
37	61		3	Carolyn	Capsey	F35	(001/007)	Swinton Running Club	00:21:28	37	00:21:32	1
42	40	37		Anirban	Das	M S	(018/030)	Swinton Running Club	00:21:45	42	00:21:49	7
43	106		6	Hermione	Oakley	F S	(002/006)	Swinton Running Club	00:21:57	44	00:22:01	2
46	104		7	Rebecca	Mills	F35	(002/007)	Swinton Running Club	00:22:08	48	00:22:11	3
51	96	44		Richard	Jackson	M S	(020/030)	Swinton Running Club	00:22:15	51	00:22:21	8
53	125		8	Helen	Nation	F40	(002/008)	Swinton Running Club	00:22:31	53	00:22:35	4
55	34	47		George	Fielding	M60	(002/007)	Swinton Running Club	00:22:47	55	00:22:50	9
58	101	50		Jonathan	Sides	M50	(006/010)	Swinton Running Club	00:23:04	58	00:23:10	10
62	224	54		Richard	Waring	M50	(007/010)	Swinton Running Club	00:23:44	62	00:23:50	11
63	27		9	Nicki	Sullivan	F45	(001/005)	Swinton Running Club	00:23:48	63	00:23:52	5
67	98	58		Barry	Deakin	M45	(008/013)	Swinton Running Club	00:24:21	67	00:24:25	12
72	114	62		Justin	Coleman	M45	(010/013)	Swinton Running Club	00:24:52	72	00:24:59	13
79	117		12	Rachel	Billington	F35	(004/007)	Swinton Running Club	00:25:42	80	00:25:47	6
80	103		13	Denise	Irving	F40	(003/008)	Swinton Running Club	00:25:42	79	00:25:47	7
88	31		16	Stephanie	Kay	F S	(003/006)	Swinton Running Club	00:26:55	88	00:27:01	8
89	69		17	Maggie	McClelland	F55	(001/006)	Swinton Running Club	00:27:02	89	00:27:07	9
90	100	73		Paul	Shier	M S	(025/030)	Swinton Running Club	00:27:11	90	00:27:16	14
98	41		20	Sara	Das	F S	(004/006)	Swinton Running Club	00:28:46	98	00:28:59	10
100	30	79		Geoff	Kay	M65	(002/004)	Swinton Running Club	00:29:40	100	00:29:51	15
101	17	80		David	Curry	M65	(003/004)	Swinton Running Club	00:29:43	101	00:29:55	16
102	4	81		Colin	Stephens	M50	(010/010)	Swinton Running Club	00:30:13	102	00:30:23	17
109	67		26	Deborah	Cail	F45	(004/005)	Swinton Running Club	00:30:50	109	00:30:57	11
110	32		27	Sian	McNeill	F40	(006/008)	Swinton Running Club	00:30:55	110	00:31:08	12
112	116		28	Amanda	Coleman	F45	(005/005)	Swinton Running Club	00:31:10	112	00:31:17	13
117	6	87		Andrew	Scialpi-Sullivan	M55	(012/013)	Swinton Running Club	00:32:01	117	00:32:11	18
118	71		31	Wendy	Doxey	F55	(005/006)	Swinton Running Club	00:32:12	118	00:32:25	14
122	108	90		Steve	Hart	M60	(007/007)	Swinton Running Club	00:33:17	121	00:33:29	19
123	19		33	Cheryl	Honeybourne	F40	(007/008)	Swinton Running Club	00:33:55	123	00:34:05	15
124	94		34	Katherine	Jackson	F35	(006/007)	Swinton Running Club	00:34:03	124	00:34:09	16
127	110		37	Carol	Hart	F55	(006/006)	Swinton Running Club	00:34:33	127	00:34:45	17
130	35			Mel	Whittington	F45	(013/013)	Swinton Running Club	00:36:39	130	00:36:49	18

Trotters 5

Pos	No	Name	Gen	Cat	Club	ChipTime	GunTime	Points
14	78	Tony Flanagan	M	V50	Swinton Running Club	31:19:00	31:21:00	1
17	277	Dan Sutton	M	Senior	Swinton Running Club	31:38:00	31:41:00	2
19	56	Ian Cronshaw	M	Senior	Swinton Running Club	32:13:00	32:16:00	3
25	267	Kevin Woodward	M	V40	Swinton Running Club	32:50:00	32:55:00	4
27	66	Steven Doxey	M	V55	Swinton Running Club	33:01:00	33:11:00	5
40	97	Chris Hamilton-Dardis	M	Senior	Swinton Running Club	34:41:00	34:46:00	6
62	143	Lauren Marsden	F	FV45	Swinton Running Club	36:30:00	36:35:00	1
68	157	Rebecca Mills	F	FV35	Swinton Running Club	37:08:00	37:13:00	2
71	166	Helen Nation	F	FV40	Swinton Running Club	37:17:00	37:23:00	3
74	61	Ani Das	M	Senior	Swinton Running Club	37:23:00	37:45:00	7
95	215	Jonathan Sides	M	V50	Swinton Running Club	39:27:00	39:34:00	8
99	232	Nicki Sullivan	F	FV45	Swinton Running Club	39:41:00	39:47:00	4
111	353	Maria Wylenzek	F	FV35	Swinton Running Club	40:45:00	40:51:00	5
160		Jordan Thacker	M	MJ	Swinton Running Club	44:06	44:35	9
184	245	Guy Thompson	M	V60	Swinton Running Club	46:07:00	46:36:00	10
187	310	Maggie McClelland	F	FV55	Swinton Running Club	46:37:00	46:46:00	6
190	59	Paolo Dale	M	V50	Swinton Running Club	46:38:00	46:49:00	11
202	244	Rebecca Thompson	F	FV35	Swinton Running Club	47:34:00	48:01:00	7
227	125	Geoff Kay	M	V65	Swinton Running Club	49:24:00	49:38:00	12
240	74	Wendy Edwards	F	FV55	Swinton Running Club	51:00:00	51:14:00	8
253	227	Colin Stephens	M	V50	Swinton Running Club	51:41:00	52:06:00	13
260	151	Sian McNeill	F	FV40	Swinton Running Club	52:25:00	52:54:00	9
268	164	David Morgan	M	V50	Swinton Running Club	53:40:00	53:56:00	14
270		David Curry	M	M65	Swinton Running Club	53:46:00	54:00:00	15
283	67	Wendy Doxey	F	FV55	Swinton Running Club	54:44:00	55:13:00	10
284	206	Andrew Scialpi-Sullivan	M	V55	Swinton Running Club	55:08:00	55:22:00	16
311	112	Cheryl Honeybourne	F	FV40	Swinton Running Club	01:01:50	01:02:20	11

The Wigan Half Marathon 2019 - 17th March 2019

No	Gen	Name	Club	Cat	CatPos	ChipTime	GunTime	Points
890	Male	Tony Flanagan	Swinton RC	V50	1/81	01:23:38	01:23:42	1
506	Male	Steven Doxey	Swinton RC	V55	1/56	01:25:23	01:25:31	2
610	Male	Ian Cronshaw	Swinton RC	SNR	31/289	01:28:30	01:28:39	3
1073	Male	Kevin Woodward	Swinton RC	V40	9/107	01:29:37	01:29:45	4
1077	Female	Jacqueline Higgins	Swinton RC	V50	3/31	01:48:52	01:49:11	1
1090	Female	Maria Wylenzek	Swinton RC	SNR	16/147	01:49:56	01:50:16	2
168	Female	Andrea Clarkson	Swinton RC	SNR	91/147	02:13:00	02:15:10	3
672	Male	Ian Thomas	Swinton RC	V65	4/8	02:18:13	02:20:18	5
414	Female	Cheryl Honeybourne	Swinton RC	V40	35/44	02:28:12	02:30:21	4

Wilmslow Half Marathon 2019 - 24th March 2019

No	Forename	Surname	Gen	GenPos	Cat	CatPos	Club	GunTime	GunPos	ChipTime	ChipPos	Points
2504	Craig	Ansell	Male	152	M45+	15	SWINTON RC	01:25:50	161	01:25:31	159	1
2910	Carolyn	Capsey	Female	49	F35+	13	SWINTON RC	01:36:36	499	01:35:45	497	1
2521	Daniel	Martin	Male	598	MOPEN	295	SWINTON RC	01:40:10	669	01:39:19	682	2
2830	Rebecca	Mills	Female	77	F35+	19	SWINTON RC	01:40:39	690	01:39:46	699	2
2903	Mike	Donigan	Male	705	MOPEN	337	SWINTON RC	01:43:14	799	01:39:59	711	3
1807	Jacqueline	Higgins	Female	153	F50+	12	SWINTON RC	01:47:28	1027	01:46:31	1094	3
2068	Helen	Nation	Female	171	F40+	28	SWINTON RC	01:48:28	1095	01:47:35	1160	4
1963	Nicki	Sullivan	Female	181	F45+	25	SWINTON RC	01:48:57	1127	01:48:05	1190	5
2506	Justin	Coleman	Male	1290	M45+	205	SWINTON RC	01:57:12	1619	01:54:33	1625	4
1989	Ian	Brown	Male	1336	MOPEN	557	SWINTON RC	01:58:35	1705	01:55:56	1717	5
2336	David	Harding	Male	1364	M50+	175	SWINTON RC	01:59:41	1763	01:55:22	1681	6
2227	Paul	Shier	Male	1444	MOPEN	590	SWINTON RC	02:02:37	1919	01:59:21	1911	7
2337	Laura	Doherty	Female	584	F40+	112	SWINTON RC	02:07:58	2142	02:03:39	2108	6
3532	Charlotte	Morgan	Female	694	F40+	131	SWINTON RC	02:14:09	2373	02:09:31	2343	7
2797	Stephen	Baker	Male	1688	M45+	279	SWINTON RC	02:14:52	2400	02:11:06	2385	8
1252	Andrea	Clarkson	Female	726	FOPEN	217	SWINTON RC	02:15:36	2425	02:10:57	2380	8
3603	David	Morgan	Male	1856	M55+	153	SWINTON RC	02:49:27	2815	02:44:46	2812	9

Curleys 5K Trail Race - 10th April 2019

Pos	No	Name		Gen	Cat	Club	ChipTime	GunTime	Points	
8	1199	Tony	Flanagan	M	V50	Swinton Running Club	20:01	20:04		1
29	997	Steven	Doxey	M	V55	Swinton Running Club	21:41	21:45		2
39	1050	Chris	Hamilton-Dardis	M	Senior	Swinton Running Club	22:02	22:07		3
51	1060	Richard	Jackson	M	Senior	Swinton Running Club	22:52	22:59		4
93	1037	George	Fielding	M	V60	Swinton Running Club	25:18:00	25:26:00		5
139	1207	Stephanie	Kay	F	Senior	Swinton Running Club	29:26:00	29:41:00	1	
148	1064	Geoff	Kay	M	V65	Swinton Running Club	30:08:00	30:24:00		6
162	1201	Paolo	Dale	M	V50	Swinton Running Club	31:44:00	32:01:00		7
166	1115	Andrew	Scialp-Sullivan	M	V55	Swinton Running Club	32:33:00	32:49:00		8
172	1235	Sarah	Das	F	Senior	Swinton Running Club	33:25:00	33:42:00	2	
177	1090	David	Morgan	M	V55	Swinton Running Club	33:56:00	34:12:00		9
180	998	Wendy	Doxey	F	FV55	Swinton Running Club	35:15:00	35:31:00	3	

Salford 10K - 19th April 2019

Pos	Num	M	F	Forename	Surname	Cat	Cat/Pos	Club	ChipTime	ChipPos	GunTime	Points
90	251	83		Tony	Flanagan	M50	(003/053)	Swinton Running Club	00:37:22	92	00:37:24	1
124	165	112		Ian	Cronshaw	M S	(070/146)	Swinton Running Club	00:38:36	126	00:38:37	2
129	742	116		Kevin	Woodward	M40	(017/055)	Swinton Running Club	00:38:27	123	00:38:50	3
224	453		29	Lauren	Marsden	F45	(004/029)	Swinton Running Club	00:43:07	226	00:43:14	1
227	189	196		Anirban	Das	M S	(101/146)	Swinton Running Club	00:42:58	223	00:43:23	4
246	505	212		David	Nightingale	M40	(035/055)	Swinton Running Club	00:43:47	243	00:44:08	5
372	510		75	Hermione	Oakley	F S	(025/045)	Swinton Running Club	00:50:23	369	00:50:58	2
373	59		76	Rachel	Billington	F35	(013/038)	Swinton Running Club	00:50:22	367	00:50:58	3
374	120		77	Carolyn	Capsey	F35	(014/038)	Swinton Running Club	00:50:23	368	00:50:58	4
375	246	298		George	Fielding	M60	(013/020)	Swinton Running Club	00:50:47	379	00:51:00	6
376	310		78	Julie	Hamilton	F40	(009/044)	Swinton Running Club	00:50:47	378	00:51:00	5
381	92	303		Ian	Brown	M S	(130/146)	Swinton Running Club	00:50:34	375	00:51:22	7
396	210	310		Simon	Doherty	M45	(045/052)	Swinton Running Club	00:51:11	384	00:51:48	8
435	400		106	Stephanie	Kay	F S	(031/045)	Swinton Running Club	00:54:08	438	00:54:21	6
473	183	348		Paolo	Dale	M50	(043/053)	Swinton Running Club	00:55:36	469	00:56:17	9
486	324	353		Graham	Harrison	M50	(047/053)	Swinton Running Club	00:56:27	482	00:57:17	10
514	506		153	Emma	Nightingale	F40	(028/044)	Swinton Running Club	00:59:13	513	00:59:39	7
519	396	363		Geoff	Kay	M65	(013/014)	Swinton Running Club	00:59:52	516	01:00:39	11
522	110		157	Debbie	Cail	F45	(023/029)	Swinton Running Club	01:00:06	519	01:00:53	8
523	190		158	Sara	Das	F S	(036/045)	Swinton Running Club	01:00:07	520	01:00:55	9
551	329	375		Steve	Hart	M60	(018/020)	Swinton Running Club	01:03:26	549	01:04:07	12
553	419		178	Joanne	Leggott	F50	(021/024)	Swinton Running Club	01:03:23	548	01:04:08	10
557	355		182	Cheryl	Honeybourne	F40	(035/044)	Swinton Running Club	01:04:05	559	01:04:42	11
558	232		183	Wendy	Edwards	F55	(015/019)	Swinton Running Club	01:03:57	556	01:04:45	12
560	316	376		Kevin	Hardman	M60	(019/020)	Swinton Running Club	01:04:02	558	01:04:51	13
566	594	378		Andrew	Scialpi-Sullivan	M55	(029/030)	Swinton Running Club	01:04:50	565	01:05:28	14
573	219		192	Wendy	Doxey	F55	(016/019)	Swinton Running Club	01:06:01	573	01:06:50	13
587	463		205	Andrea	McCaffery	F35	(035/038)	Swinton Running Club	01:08:39	588	01:09:26	14
588	474		206	Sian	McNeill	F40	(040/044)	Swinton Running Club	01:08:38	587	01:09:27	15
596	327		210	Carol	Hart	F55	(019/019)	Swinton Running Club	01:10:14	595	01:11:02	16
604	9114		218	Lauren	Young	F S	(045/045)	Swinton Running Club	01:18:41	604	01:19:26	17

Pilling 10K - 18th May 2019

Name	Cat	Club	Chip	Gun	Points	
Daniel Bird	M	Swinton RC	36:09	36:09		1
Tony Flanagan	M50	Swinton RC	37:23	37:23		2
Ian Cronshaw	M	Swinton RC	38:40	38:40		3
Steven Doxey	M55	Swinton RC	39:30	39:30		4
Dan Sutton	M	Swinton RC	39:47	39:47		5
Paul Collins	M50	Swinton RC	42:29	42:29		6
Mike Donigan	M	Swinton RC	45:17	45:17		7
Mario Santos	M	Swinton RC	46:48	46:48		8
Rosa Santos	F	Swinton RC	57:14	57:14	1	
David Morgan	M55	Swinton RC	02:48	02:48		9
Sian McNeill	F40	Swinton RC	05:31	05:31	2	
Wendy Doxey	F55	Swinton RC	06:16	06:16	3	

Manchester Mile - 19th June 2019

Overall Pos	Race		No	First Name	Last Name	Cat	Cat Pos	Club	Time	Points	
	Event	Pos									
12	9	3	15	Dan	Bird	MSNR	9	Swinton RC	04:48.7		1
26	8	5	43	Dan	Sutton	MSNR	19	Swinton RC	05:13.0		2
37	8	9	40	David	Kerrigan	MV40	4	Swinton RC	05:20.6		3
54	7	12	48	Steven	Doxey	MV55	2	Swinton RC	05:36.1		4
61	6	7	72	Daniel	Martin	MSNR	38	Swinton RC	05:43.6		5
74	5	6	90	Hermione	Oakley	FSNR	3	Swinton RC	05:52.7	1	
80	5	10	92	Mario	Santos	MSNR	43	Swinton RC	06:03.2		6
87	4	7	103	Rebecca	Mills	FV35	3	Swinton RC	06:16.0	2	
98	4	12	100	George	Fielding	MV60	2	Swinton RC	06:29.6		7
127	1	5	150	Geoff	Kay	MV65	2	Swinton RC	08:00.7		8
128	1	6	145	Sara	Das	FSNR	13	Swinton RC	08:06.4	3	
131	1	9	152	Sian	McNeill	FV40	7	Swinton RC	08:28.9	4	

Horwich 5 - 19th June 2019

Pos	Num	Name	Cat	Pos	Club	Time	Points
15	214	Tony Flanagan	V50	1	Swinton Running Club	30:38:00	1
17	215	Ian Cronshaw			Swinton Running Club	30:45:00	2
54	334	Paul Collins	V50	9	Swinton Running Club	34:40:00	3
55	168	Lauren Marsden	L45	1	Swinton Running Club	34:51:00	1
62	300	Carolyn Capsey	L35	3	Swinton Running Club	35:34:00	2
63	373	Richard Jackson			Swinton Running Club	35:36:00	4
70	286	Mike Donigan			Swinton Running Club	36:34:00	5
71	294	Helen Nation	L40	1	Swinton Running Club	36:35:00	3
97	298	Nicki Sullivan	L45	3	Swinton Running Club	38:53:00	4
108	291	Rhona Barker	L45	4	Swinton Running Club	40:21:00	5
111	358	Richard Warzing	V50	17	Swinton Running Club	40:29:00	6
121	299	Rachel Billington	L35	6	Swinton Running Club	41:35:00	6
143	288	A ScialpiSullivan	V55	14	Swinton Running Club	45:40:00	7
145	297	Paolo Dale	V50	20	Swinton Running Club	45:49:00	8
166	372	Katherine Jackson	L35	7	Swinton Running Club	56:27:00	7

Caldervale Summer 10 Mile 2019

Pos	Time	No	Name	Club	Cat	Gen	Points
12	01:04:16	49	Flanagan Tony	Swinton RC	V50	M	1
13	01:04:27	103	Sutton Dan	Swinton RC		M	2
19	01:05:57	33	Cronshaw Ian	Swinton RC		M	3
21	01:06:13	153	Grieve Chris	Swinton RC		M	4
38	01:11:26	40	Doxey Steven	Swinton RC	V55	M	5
48	01:16:17	136	Capsey Carolyn	Swinton RC	V35	F	1
57	01:18:37	36	Deakin Barry	Swinton RC	V45	M	6
73	01:20:42	39	Donigan Mike	Swinton RC		M	7
95	01:26:23	14	Barker Rhona	Swinton RC	V45	F	2
108	01:32:23	143	Waring Richard	Swinton RC	V50	M	8
126	01:38:22	93	Scialpi-Sullivan Andrew	Swinton RC	V55	M	9
149	01:57:04	64	Honeybourne Cheryl	Swinton RC	V40	F	3

Ramsbottom RC Summer Mile 2019

Pos	No	Wave	Name		Gen	AG	Club	ChipTime	GunTime	Points
9	24	9	Ian	Cronshaw	M	SEN	Swinton Running Club	05:19	05:21	1
11	58	8	Dan	Sutton	M	SEN	Swinton Running Club	05:20	05:22	2
12	29	9	Tony	Flanagan	M	V50	Swinton Running Club	05:22	05:24	3
25	17	9	Steven	Doxey	M	V55	Swinton Running Club	05:41	05:44	4
54	91	7	Mike	Donigan	M	V35	Swinton Running Club	06:10	06:11	5
60	72	8	Mario	Santos	M	SEN	Swinton Running Club	06:13	06:18	6
61	34	9	Ani	Das	M	V35	Swinton Running Club	06:18	06:22	7
71	9	10	Rebecca	Mills	F	V35	Swinton Running Club	06:26	06:28	1
88	64	8	George	Fielding	M	V60	Swinton Running Club	06:35	06:39	8
93	132	6	Maria	Wylenzek	F	V35	Swinton Running Club	06:40	06:44	2
100	88	7	Richard	Jackson	M	SEN	Swinton Running Club	06:48	06:49	9
111	107	6	Nicki	Sullivan	F	V45	Swinton Running Club	06:51	06:54	3
139	10	10	Jane	Graney	F	V35	Swinton Running Club	07:16	07:19	4
140	175	5	Stephanie	Kay	F	SEN	Swinton Running Club	07:19	07:22	5
164	189	4	Paolo	Dale	M	V50	Swinton Running Club	07:43	07:48	10
185	209	4	Geoff	Kay	M	V65	Swinton Running Club	08:18	08:23	11
188	137	6	Sara	Das	F	SEN	Swinton Running Club	08:24	08:29	6
206	179	4	Siân	McNeill	F	V40	Swinton Running Club	08:45	08:50	7
217	223	3	Katherine	Jackson	F	V40	Swinton Running Club	09:04	09:06	8
232	216	3	Wendy	Doxey	F	V60	Swinton Running Club	09:38	09:41	9

Blackleach 5 Mile Trail Race

Pos	Num	Name	Cat	Club	Time	Points
4	41	Tony Flanagan	M50	Swinton Running Club	00:30:39	1
5	59	Ian Cronshaw	M	Swinton Running Club	00:31:04	2
6	19	Dan Sutton	M	Swinton Running Club	00:31:27	3
7	63	Stuart Tucker	M40	Swinton Running Club	00:32:30	4
11	58	Chris Hamilton-Dardis	M	Swinton Running Club	00:33:56	5
17	33	Lauren Marsden	F40	Swinton Running Club	00:34:57	1
19	62	Ani Das	M40	Swinton Running Club	00:35:14	6
20	39	Daniel Martin	M	Swinton Running Club	00:35:23	7
21	71	Hermione Oakley	F	Swinton Running Club	00:35:28	2
22	18	Jonathan Sides	M50	Swinton Running Club	00:35:46	8
27	25	Richard Jackson	M	Swinton Running Club	00:37:04	9
28	54	Mike Donigan	M	Swinton Running Club	00:37:12	10
30	56	Helen Nation	F40	Swinton Running Club	00:38:04	3
32	32	Paul Collins	M50	Swinton Running Club	00:38:16	11
33	31	George Fielding	M60	Swinton Running Club	00:38:37	12
44	110	Maria Wylenzek	F	Swinton Running Club	00:41:25	4
51	55	Andrew Scialpi - Sullivan	M50	Swinton Running Club	00:43:46	13
53	40	Paolo Dale	M50	Swinton Running Club	00:43:59	14
61	99	Maggie McClelland	F50	Swinton Running Club	00:46:07	5
66	61	Sara Lauren Das	F	Swinton Running Club	00:49:18	6
69	29	David Curry	M60	Swinton Running Club	00:50:20	15
73	68	Sian McNeill	F40	Swinton Running Club	00:51:10	7
75	81	Cheryl Honeybourne	F40	Swinton Running Club	00:53:04	8
79	42	Stephen Hart	M60	Swinton Running Club	00:54:31	16
82	24	Katherine Jackson	F	Swinton Running Club	00:55:30	9
86	23	Jane Coombes	F50	Swinton Running Club	00:56:56	10

Gin Pit 5 Mile Trail Race

Pos	Num	M	F	Name	Cat	CatPos	Club	Time	Points
6	132	6		Ian Cronshaw	MS	(002/011)	Swinton Running Club	00:31:28	1
16	51	16		Chris HamiltonDardis	MS	(006/011)	Swinton Running Club	00:33:35	2
23	32	23		Steven Doxey	M55	(002/009)	Swinton Running Club	00:34:35	3
32	60	30		Simon Lobas	M40	(008/018)	Swinton Running Club	00:35:25	4
49	63		6	Lauren Marsden	F45	(001/013)	Swinton Running Club	00:36:42	1
56	147		9	Rebecca Mills	F35	(002/005)	Swinton Running Club	00:38:28	2
58	72		10	Helen Nation	F40	(001/009)	Swinton Running Club	00:38:45	3
76	31	61		Mike Donigan	MS	(009/011)	Swinton Running Club	00:41:52	5
85	41	68		George Fielding	M60	(008/013)	Swinton Running Club	00:42:57	6
88	90	71		A. Scialpi-Sullivan	M55	(008/009)	Swinton Running Club	00:43:38	7
89	27	72		Paolo Dale	M50	(011/012)	Swinton Running Club	00:44:08	8
101	120		25	Maggie McClelland	F55	(003/006)	Swinton Running Club	00:46:45	4
113	99	81		Ian Thomas	M65	(005/007)	Swinton Running Club	00:49:30	9
126	26	88		David Curry	M65	(007/007)	Swinton Running Club	00:53:07	10
129	67		41	Sian McNeill	F40	(007/009)	Swinton Running Club	00:55:37	5
130	33		42	Wendy Doxey	F60	(003/003)	Swinton Running Club	00:55:37	6
136	136		47	Catherine Aspinall	F35	(005/005)	Swinton Running Club	00:57:43	7
137	135	90		Darren Aspinall	M40	(018/018)	Swinton Running Club	00:57:45	11

Through the Villages

Pos	Num	M	F	Name	Cat	CatPos	Club	Time	Points
13	75	13		Ian Cronshaw	MS	(006/045)	Swinton Running Club	00:54:42	1
19	308	19		Dan Sutton	MS	(008/045)	Swinton Running Club	00:55:32	2
56	89	54		Steven Doxey	M55	(007/029)	Swinton Running Club	00:59:27	3
58	121	56		Chris HamiltonDardis	MS	(017/045)	Swinton Running Club	00:59:50	4
90	78	80		Ani Das	M40	(015/035)	Swinton Running Club	01:02:37	5
92	195		11	Lauren Marsden	F45	(002/032)	Swinton Running Club	01:02:49	1
100	228		13	Hermione Oakley	FS	(003/013)	Swinton Running Club	01:03:38	2
108	197	94		Daniel Martin	MS	(028/045)	Swinton Running Club	01:04:34	6
111	207		16	Rebecca Mills	F35	(006/015)	Swinton Running Club	01:04:40	3
134	88	114		Mike Donigan	MS	(030/045)	Swinton Running Club	01:07:08	7
140	221		23	Helen Nation	F40	(003/033)	Swinton Running Club	01:07:26	4
195	307		40	Nicki Sullivan	F45	(011/032)	Swinton Running Club	01:12:43	5
196	99	156		George Fielding	M60	(020/031)	Swinton Running Club	01:12:44	8
236	34		62	Rachel Billington	F35	(007/015)	Swinton Running Club	01:16:31	6
264	280	191		A. Scialpi-Sullivan	M55	(025/029)	Swinton Running Club	01:20:15	9
282	4		85	Kerry Adamsbaum	F40	(015/033)	Swinton Running Club	01:23:47	7
369	211	227		David Morgan	M55	(029/029)	Swinton Running Club	01:38:46	10

Radcliffe Half Marathon

Pos	Num	M	F	Forename	Surname	Cat	Cat/Pos	Club	ChipTime	ChipPos	GunTime	Points
12	102	12		Ian	Cronshaw	M S	(004/037)	Swinton Running Club	01:25:44	12	01:25:45	1
49	205	47		Chris	Hamilton-Dardis	M S	(014/037)	Swinton Running Club	01:35:06	47	01:35:23	2
56	231	52		Matthew	Holland	M S	(015/037)	Swinton Running Club	01:36:31	53	01:36:49	3
59	60	55		Michael	Burke	M45	(007/043)	Swinton Running Club	01:37:23	59	01:37:44	4
64	293		5	Lauren	Marsden	F45	(003/040)	Swinton Running Club	01:38:01	66	01:38:09	1
67	341		6	Hermione	Oakley	F S	(002/013)	Swinton Running Club	01:38:16	68	01:38:33	2
68	278	62		Simon	Lobas	M40	(013/042)	Swinton Running Club	01:38:37	72	01:38:47	5
80	319		9	Rebecca	Mills	F35	(002/031)	Swinton Running Club	01:39:38	81	01:39:47	3
92	410	82		Jonathan	Sides	M50	(010/038)	Swinton Running Club	01:41:14	90	01:41:33	6
97	127	87		Mike	Donigan	M35	(023/041)	Swinton Running Club	01:41:41	96	01:42:00	7
117	333		14	Helen	Nation	F40	(002/043)	Swinton Running Club	01:43:35	118	01:43:44	4
123	292	107		Lee	Marks	M35	(027/041)	Swinton Running Club	01:43:57	125	01:44:07	8
131	55	114		Ian	Brown	M35	(029/041)	Swinton Running Club	01:44:46	131	01:44:58	9
147	497		24	Maria	Wylenzek	F35	(005/031)	Swinton Running Club	01:46:28	149	01:46:49	5
187	18		31	Rhona	Barker	F45	(010/040)	Swinton Running Club	01:52:09	187	01:52:27	6
203	88	167		Justin	Coleman	M45	(025/043)	Swinton Running Club	01:55:19	202	01:55:39	10
225	244	182		Richard	Jackson	M35	(038/041)	Swinton Running Club	01:58:44	227	01:59:03	11
238	34		50	Rachel	Billington	F40	(013/043)	Swinton Running Club	02:00:29	240	02:00:47	7
284	204		80	Julie	Hamilton	F40	(023/043)	Swinton Running Club	02:08:41	288	02:08:58	8
285	314		81	Jean	Mellor	F45	(020/040)	Swinton Running Club	02:08:41	287	02:08:58	9
304	434		94	Nicki	Sullivan	F45	(025/040)	Swinton Running Club	02:11:21	308	02:11:39	10
305	2		95	Kerry	Adamsbaum	F40	(025/043)	Swinton Running Club	02:11:21	307	02:11:39	11
368	345		137	Carol	Ockwell	F45	(034/040)	Swinton Running Club	02:22:11	368	02:22:28	12

Wesham 10K

Pos	No	Name	Gen	Cat	Club	ChipTime	GunTime	Points
15	195	Cronshaw Ian	M	Senior	Swinton Running Club	37:00:00	37:02:00	1
26	116	Sutton Dan	M	Senior	Swinton Running Club	38:09:00	38:12:00	2
60	206	Doxey Steven	M	V55	Swinton Running Club	40:34:00	40:40:00	3
95	200	Das Ani	M	V40	Swinton Running Club	43:20:00	43:26:00	4
115	31	Donigan Mike	M	Senior	Swinton Running Club	44:45:00	44:55:00	5
185	24	Coleman Justin	M	V45	Swinton Running Club	49:08:00	49:19:00	6
367	114	Stephens Colin	M	V50	Swinton Running Club	58:41:00	59:13:00	7
441	607	Hardman Kevin	M	V60	Swinton Running Club	01:06:00	01:06:46	8

City of Salford Ladies Race

Pos	No	Name	Gen	Cat	Club	ChipTime	GunTime	Points
9	53	Mills, Rebecca	F	FV35	Swinton Running Club	37:25	37:27	1
33	84	Wilson, Linda	F	FV35	Swinton Running Club	44:01	44:10	2
34	70	Santos, Rosa	F	Senior	Swinton Running Club	44:40	44:43	3
39	46	McClelland, Maggie	F	FV60	Swinton Running Club	45:53	45:56	4
44	65	Ralph, Natalie	F	FV35	Swinton Running Club	47:18	47:23	5
47	57	Nightingale, Emma	F	FV40	Swinton Running Club	48:42	48:51	6
50	99	Darrington, Amy	F	FV40	Swinton Running Club	50:46	50:46	7
55	11	Campbell, Carmel	F	FV40	Swinton Running Club	50:55	51:04	8
60	24	Edwards, Wendy	F	FV55	Swinton Running Club	52:06	52:09	9
68	38	Jackson, Katherine	F	FV40	Swinton Running Club	55:06	55:14	10
70	16	Das, Sara	F	Senior	Swinton Running Club	55:34	55:43	11
71	21	Doxey, Wendy	F	FV60	Swinton Running Club	55:34	55:43	12
72	49	Mcneill, Sian	F	FV40	Swinton Running Club	55:34	55:43	13
74	33	Hart, Carol	F	FV55	Swinton Running Club	56:42	56:50	14
76	39	Jones, Julie	F	FV55	Swinton Running Club	57:26	57:29	15

Stockport 10

<i>Pos</i>	<i>Name</i>	<i>No</i>	<i>Club</i>	<i>Cat</i>	<i>CatPos</i>	<i>Gun Time</i>	<i>Chip Time</i>	<i>Points</i>	
75	CHRIS GRIEVE	328	SWINTON RUNNING CLUB	Male 18-39	45	01:06:12	01:06:08		1
93	STEVEN DOXEY	229	SWINTON RUNNING CLUB	Male 55-59	2	01:07:44	01:07:28		2
122	DAVID NIGHTINGALE	583	SWINTON RUNNING CLUB	Male 40-44	21	01:09:54	01:09:36		3
166	ANIRBAN DAS	880	SWINTON RUNNING CLUB	Male 40-44	29	01:12:25	01:12:09		4
178	CAROLYN CAPSEY	123	SWINTON RUNNING CLUB	Female 18-39	16	01:13:15	01:12:10	1	
200	REBECCA MILLS	1155	SWINTON RUNNING CLUB	Female 18-39	20	01:13:53	01:13:34	2	
574	JUSTIN COLEMAN	876	SWINTON RUNNING CLUB	Male 45-49	80	01:27:25	01:25:49		5
668	JULIE HAMILTON	342	SWINTON RUNNING CLUB	Female 40-44	41	01:30:56	01:29:40	3	
677	LINDA WILSON	842	SWINTON RUNNING CLUB	Female 18-39	87	01:31:08	01:29:16	4	
774	STEPHANIE R KAY	448	SWINTON RUNNING CLUB	Female 18-39	111	01:36:03	01:34:27	5	
827	GEOFF KAY	447	SWINTON RUNNING CLUB	Male 65-69	8	01:39:47	01:38:11		6

LADIES Finishers						
Pos	Forename	Surname	Cat	No Raced	Best 7 of 18	Total
1	Lauren	Marsden	F45	8	7	11
2	Carolyn	Capsey	F35	7	11	11
3	Rebecca	Mills	F35	10	12	26
4	Hermione	Oakley	F	7	13	13
5	Helen	Nation	F40	9	24	37
6	Nicki	Sullivan	F45	8	36	46
7	Sian	McNeill	F40	9	46	74
8	Sara	Das	F	7	48	48
9	Wendy	Doxey	F55	8	55	69
10	Cheryl	Honeybourne	F40	7	72	72

MEN Finishers						
Pos	Forename	Surname	Cat	No Raced	Best 7 of 18	Total
1	Tony	Flanagan	M50	10	7	13
2	Ian	Cronshaw	M	13	9	25
3	Dan	Sutton	M	9	14	22
4	Steven	Doxey	M55	13	18	45
5	Chris	Hamilton-Dardis	M	8	28	40
6	Mike	Donigan	M	10	37	61
7	Anirban	Das	M	9	37	54
8	George	Fielding	M60	8	49	61
9	Andrew	Scialpi-Sullivan	M55	9	67	101
10	Paolo	Dale	M50	7	67	67
11	Geoff	Kay	M65	7	69	69

Ladies Overall Winners			
1st	Lauren	Marsden	F45
2nd	Carolyn	Capsey	F35
3rd	Rebecca	Mills	F35

Ladies Cat Winners			
F40	Helen	Nation	F40
F45	Nicki	Sullivan	F45
F55	Wendy	Doxey	F55

Mens Overall Winners			
1st	Tony	Flanagan	M50
2nd	Ian	Cronshaw	M
3rd	Dan	Sutton	M

Mens Cat Winners			
M50	Paolo	Dale	M50
M55	Steven	Doxey	M55
M60	George	Fielding	M60
M65	Geoff	Kay	M65