

Swinton Running Club

Cross Country Championship 2013/2014

<i>Cross Country Championship Calendar 2013/2014</i>		
Saturday, 19th October 2013	Heaton Park	✓
Sunday, 10th November 2013	Woodbank Park	✓
Saturday, 7th December 2013	Sherdley Park	✓
Sunday, 12th January 2014	Boggart Hole Clough	✓
Saturday, 8th February 2014	Wythenshawe Park	✓

Swinton Running Club - Ladies XC Championship 2013/2014

Pos	Name	Heaton Park 19th October 2013	Woodbank Park 10th November 2013	Sherdley Park 7th December 2013	Boggart Hole 12th January 2014	Wythenshawe 8th February 2014	No Raced	Best 3 of 5	Total
1	Lauren Marsden	1	1	1	1	1	5	3	5
2	Carly Appleby	2	2			2	3	6	6
3	Julie Hamilton	4	3	2	2		4	7	11
4	Rebecca Mills	3	4		3	3	4	9	13
5	Yvette Jeal	6	5	3	5	4	5	12	23
6	Lisa Ottiwell		7	4		6	3	17	17
7	Sharen Roberts			5	7	5	3	17	17
8	Anna Goodwin	7	6		6		3	19	19
9	April Wilkinson	8	8		4		3	20	20
10	Mandy Clarkson	10		6	8	8	4	22	32
11	Emma Flynn	5					1		5
12	Liz Yongo	9					1		9
13	Maggie McClelland		9				1		9
14							0		0
15							0		0
16							0		0
17							0		0
18							0		0
19							0		0
20							0		0

Swinton Running Club - Men's XC Championship 2013/2014

Pos	Name	Heaton Park 19th October 2013	Woodbank Park 10th November 2013	Sherdley Park 7th December 2013	Boggart Hole 12th January 2014	Wythenshawe 8th February 2014	No Raced	Best 3 of 5	Total
1	Matthew Clark	1	1	1	1		4	3	4
2	Simon Atkin			2	2	1	3	5	5
3	Andrew Morley		3	3	3	2	4	8	11
4	Mark Whittington	2	4	4	4	3	5	9	17
5	Dan Bird	3	5		5	4	4	12	17
6	Steve Doxey		7	5	6	5	4	16	23
7	Paul Wilson	5	8		7	6	4	18	26
8	Stuart Ellis	6	10	6			3	22	22
9	Christian Lyth	9		8	12	7	4	24	36
10	Paul Rutherford	7	9		9		3	25	25
11	Liam Wilkinson	10	12	7	10		4	27	39
12	Steve Hart	11	14			9	3	34	34
13	Daniel Appleby	4	6				2		10
14	Andy Land	8	11				2		19
15	Andy Smith			9		11	2		20
16	Ric Waring				13	8	2		21
17	David Williamson	12				10	2		22
18	Mike Burke				8		1		8
19	Ben Flanagan				11		1		11
20	Dave Burke		13				1		13
21	Glyn Davies		15				1		15
22							0		0
23							0		0
24							0		0
25							0		0

Heaton Park - 19th October 2013

Senior Women							
Pos	Num	Name	Cat	Pos	Club	Time	Points
26	294	Lauren Marsden	L40	4	Swinton RC	35:19:00	1
50	286	Carly Appleby			Swinton RC	37:59:00	2
98	296	Rebecca Mills			Swinton RC	40:47:00	3
108	291	Julie Hamilton	L35	19	Swinton RC	41:17:00	4
112	289	Emma Flynn			Swinton RC	41:39:00	5
113	293	Yvette Jeal	L40	16	Swinton RC	41:39:00	6
144	290	Anna Goodwin	L40	23	Swinton RC	44:04:00	7
153	299	April Wilkinson			Swinton RC	44:49:00	8
179	300	Liz Yongo			Swinton RC	47:49:00	9
206	288	Mandy Clarkson	L45	23	Swinton RC	54:48:00	10

Senior Men							
Pos	Num	Name	Cat	Pos	Club	Time	Points
15	557	Matthew Clark			Swinton RC	35:28:00	1
53	579	Mark Whittington			Swinton RC	39:08:00	2
72	555	Dan Bird			Swinton RC	40:12:00	3
104	551	Daniel Appleby			Swinton RC	41:34:00	4
177	582	Paul Wilson	V40	32	Swinton RC	44:35:00	5
185	562	Stuart Ellis	V40	33	Swinton RC	44:51:00	6
192	573	Paul Rutherford	V45	21	Swinton RC	45:01:00	7
202	568	Andy Land	V45	25	Swinton RC	45:18:00	8
248	732	Christian Lyth			Swinton RC	47:56:00	9
267	580	Liam Wilkinson			Swinton RC	48:55:00	10
322	566	Steve Hart	V55	22	Swinton RC	54:44:00	11
341	581	David Williamson	V45	54	Swinton RC	01:01:12	12

Woodbank Park - 10th November 2013

Senior Women							
Pos	Num	Name	Cat	Pos	Club	Time	
18	294	Lauren Marsden	L40	2	Swinton RC	34:29:00	1
57	286	Carly Appleby			Swinton RC	38:03:00	2
82	291	Julie Hamilton	L35	14	Swinton RC	39:22:00	3
92	296	Rebecca Mills			Swinton RC	39:41:00	4
117	293	Yvette Jeal	L40	20	Swinton RC	41:08:00	5
133	290	Anna Goodwin	L40	25	Swinton RC	42:11:00	6
145	297	Lisa Ottiwell	L35	20	Swinton RC	42:51:00	7
146	299	April Wilkinson			Swinton RC	42:54:00	8
158	295	Maggie McClelland	L50	11	Swinton RC	44:08:00	9

Senior Men							
Pos	Num	Name	Cat	Pos	Club	Time	
15	557	Matthew Clark			Swinton RC	36:59:00	1
40	572	Darren Russell			Swinton RC	39:13:00	2
56	570	Andrew Morley			Swinton RC	39:58:00	3
57	579	Mark Whittington			Swinton RC	40:02:00	4
75	555	Dan Bird			Swinton RC	40:55:00	5
79	551	Daniel Appleby			Swinton RC	41:13:00	6
147	561	Steve Doxey	V50	10	Swinton RC	44:18:00	7
189	582	Paul Wilson	V40	34	Swinton RC	46:03:00	8
195	573	Paul Rutherford	V45	32	Swinton RC	46:18:00	9
197	562	Stuart Ellis	V40	35	Swinton RC	46:26:00	10
198	568	Andy Land	V45	33	Swinton RC	46:27:00	11
243	580	Liam Wilkinson			Swinton RC	48:30:00	12
270	556	Dave Burke	V60	8	Swinton RC	49:52:00	13
357	566	Steve Hart	V55	22	Swinton RC	56:47:00	14
361	559	Glyn Davies	V60	17	Swinton RC	57:39:00	15

Sherdley Park - 7th December 2013

Senior Women							
Pos	Num	Name	Cat	Pos	Club	Time	
22	294	Lauren Marsden	L40	3	Swinton RC	28:29:00	1
68	291	Julie Hamilton	L35	12	Swinton RC	31:57:00	2
83	293	Yvette Jeal	L40	13	Swinton RC	33:12:00	3
100	297	Lisa Ottiwell	L35	16	Swinton RC	34:50:00	4
116	298	Sharen Roberts	L40	20	Swinton RC	36:59:00	5
136	288	Mandy Clarkson	L45	21	Swinton RC	44:02:00	6

Senior Men							
Pos	Num	Name	Cat	Pos	Club	Time	
19	557	Matthew Clark			Swinton RC	34:33:00	1
37	552	Simon Atkin			Swinton RC	36:46:00	2
52	570	Andrew Morley			Swinton RC	37:27:00	3
59	579	Mark Whittington			Swinton RC	37:51:00	4
101	561	Steve Doxey	V50	7	Swinton RC	40:04:00	5
154	562	Stuart Ellis	V40	30	Swinton RC	43:21:00	6
156	580	Liam Wilkinson			Swinton RC	43:29:00	7
206	732	Christian Lyth			Swinton RC	47:18:00	8
243	575	Andy Smith			Swinton RC	55:15:00	9

Boggart Hole Clough - 12th January 2014

Senior Women							
Pos	Num	Name	Cat	Pos	Club	Time	
39	294	Lauren Marsden	L40	6	Swinton RC	29:36:00	1
73	291	Julie Hamilton	L35	14	Swinton RC	32:12:00	2
86	296	Rebecca Mills			Swinton RC	33:16:00	3
97	299	April Wilkinson			Swinton RC	34:05:00	4
105	293	Yvette Jeal	L40	16	Swinton RC	34:49:00	5
116	290	Anna Goodwin	L40	23	Swinton RC	35:25:00	6
133	298	Sharen Roberts	L40	28	Swinton RC	37:49:00	7
151	288	Mandy Clarkson	L45	23	Swinton RC	41:27:00	8

Senior Men							
Pos	Num	Name	Cat	Pos	Club	Time	
8	557	Matthew Clark			Swinton RC	32:19:00	1
21	552	Simon Atkin			Swinton RC	34:10:00	2
37	570	Andrew Morley			Swinton RC	36:02:00	3
38	579	Mark Whittington			Swinton RC	36:03:00	4
46	555	Dan Bird			Swinton RC	36:23:00	5
143	561	Steve Doxey	V50	15	Swinton RC	40:47:00	6
145	582	Paul Wilson	V40	25	Swinton RC	40:53:00	7
147	821	Mike Burke			Swinton RC	40:58:00	8
166	573	Paul Rutherford	V45	26	Swinton RC	42:11:00	9
174	580	Liam Wilkinson			Swinton RC	42:40:00	10
219	822	Ben Flanagan			Swinton RC	45:02:00	11
225	732	Christian Lyth			Swinton RC	45:30:00	12
255	823	Ric Waring	V45	49	Swinton RC	47:51:00	13

Wythenshawe Park - 8th February 2014

Senior Women							
Pos	Num	Name	Cat	Pos	Club	Time	
28	294	Lauren Marsden	L40	4	Swinton RC	27:57:00	1
62	286	Carly Appleby			Swinton RC	30:06:00	2
90	296	Rebecca Mills			Swinton RC	32:13:00	3
107	293	Yvette Jeal	L40	14	Swinton RC	33:49:00	4
133	298	Sharen Roberts	L40	19	Swinton RC	36:16:00	5
140	297	Lisa Ottiwell	L35	26	Swinton RC	36:50:00	6
155	288	Mandy Clarkson	L45	24	Swinton RC	39:57:00	7

Senior Men							
Pos	Num	Name	Cat	Pos	Club	Time	
23	552	Simon Atkin			Swinton RC	36:02:00	1
30	570	Andrew Morley			Swinton RC	36:48:00	2
34	579	Mark Whittington			Swinton RC	36:58:00	3
59	555	Dan Bird			Swinton RC	38:14:00	4
81	561	Steve Doxey	V50	5	Swinton RC	39:21:00	5
135	582	Paul Wilson	V40	28	Swinton RC	42:01:00	6
211	732	Christian Lyth			Swinton RC	45:34:00	7
263	823	Ric Waring	V45	47	Swinton RC	50:54:00	8
275	566	Steve Hart	V55	17	Swinton RC	52:15:00	9
284	581	David Williamson	V45	52	Swinton RC	53:54:00	10
287	575	Andy Smith			Swinton RC	59:24:00	11